



WHY RARE LUNG CANCERS?

Last year we lost our friend, Ruth Strauss, to lung cancer.

Ruth was 46 and had never smoked

13000 people are diagnosed with non-smoking lung cancers every year

2/3 are women

Lung cancer in non-smokers is now the eighth biggest cancer killer in the U.K.

Air pollution is an important risk factor for lung cancer in non-smokers

WHY WE NEED YOU?

We are appealing to local communities to take a morning or day off & join us

To help raise awareness of the rising tide of rare lung cancers in the U.K

To shine a spotlight on increasing air pollution & support the campaign for clean air

Our team includes patients, their families & friends doctors, nurses & keen cyclists

There is strength in numbers

Not available ? No problem

Ride another day. Instagram or tweet to #Breathe4Life

Tell us your reason



27th September Burnham-Oxford

Start: Burnham Park 11.30am

Ride 10 miles to Marlow (Resolute Cafe)

20 miles to Sonning (Coppa Club)

30 miles to Goring (Swan at Streatley)

or 50 miles to Oxford (Hawkwell House Hotel)

Everyone is welcome. Bring wheels , friends and money for a drink and lunch
Maps and directions provided. Support van present. Either ride or get a lift back
Keen cyclists might like to ride to Wales with the team the next day!



Not Riding but like to support us?

Make a donation at www.breathe4life.co.uk



BREATHE FOR LIFE TEAM CYCLE CHALLENGE

BE PART OF THE 1ST COMMUNITY RELAY RIDE ACROSS BRITAIN
10, 20, 30, & 50 MILE ROUTES
JOINING IS FREE

RIDE TO RAISE AWARENESS OF
RARE (NON-SMOKING) LUNG CANCERS

SUPPORT RESEARCH
& ACTION



Sign up at www.breathe4life.co.uk